Effects of the Great East Japan
Earthquake on Subjective Well-Being
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#### Introduction

- We analyze changes in Japanese people's subjective well-being (happiness) and altruistic world view before and after 3.11.
- ♦ However, since these two variables are subjective, their measurement errors are likely to be correlated.
- We avoid using these two variables in the same regression and introduce a new method, and show how changes in altruism affect changes in happiness.

#### Introduction

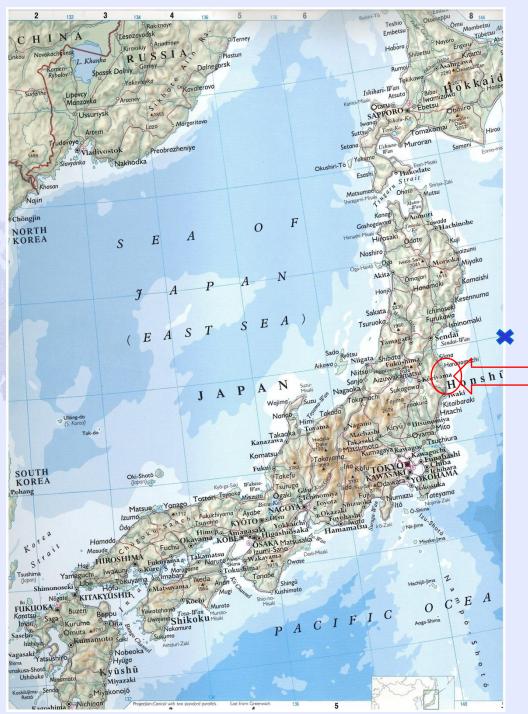
- We use two-step procedure
- In step 1, we identify the effect of altruism subjective variable) on an objective variable, charitable giving.
- In step 2, we measure the effect of charitable giving on happiness (another subjective variable).
- In each step, we run a two-stage logit regression, which controls for reverse causality.
- We call this the "Subjective-Objective-Subjective" method. (SOS method)
- We found that an increase in altruism spurred people to give charity, which in turn increased their happiness.

#### Related Literatures

- Kimball, Levy, Ohtake and Tsutsui (2006) "Unhappiness after Hurricane Katrina" NBER working paper.
- Uchida, Takahashi and Kawahara
   (2013) J. of Happiness Studies.
- Ishino, Kamesaka, Murai and Ogaki (2012, 2013)
- ◆ Kitamura and Hirai (2012) etc.

### Great East Japan Earthquake

- Occurred on March 11, 2011
- Earthquake (Northern part of Japan)
- ◆ Tsunami (Pacific coast)
- Fukushima nuclear power plants
- However, there was no riot or violence of any kind – foreign medias praised how Japanese people behaved
- Resilience of Japanese people?



Hokkaido

Tohoku Most affected— Pacific coast Iwate Miyagi Fukushima

Hypocenter (M 9.0)

Fukushima nuclear plants

Kanto (includes Tokyo) Chubu (includes Nagoya) Kinki (includes Kyoto) Chugoku (includes Hiroshima) Shikoku Kyusyu/Okinawa

Philip's Standard Reference Atlas

## Our Japanese panel data

- Compiled by a group of people mainly from Keio University
- Over 4,000 replies from all over Japan
- ◆ Asked "to what extent they thought they were happy" (11 point 0-100 scale)
- ◆ Also asked "to what extent they gave priority to others" (11 point 0-100 scale)
- What it means by being well?
- Worldview? Culture? Social norms? Something related to eudaimonia?

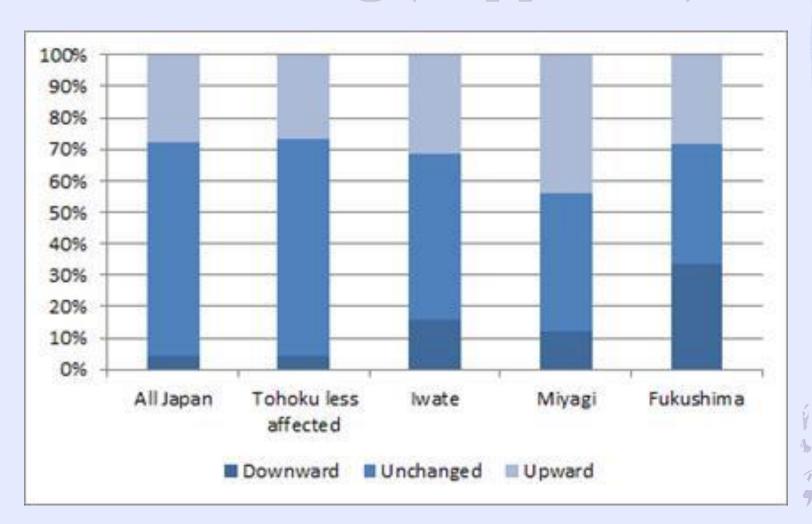
## "Flourishing" or "Eudaimonic" Well-Being

 Psychological Well-Being Scale by Ed Diener and Robert Biswas-Diener, January 2009. Published in: E. Diener (2009) Assessing Well-Being: The Collected Works of Ed Diener. Springer.

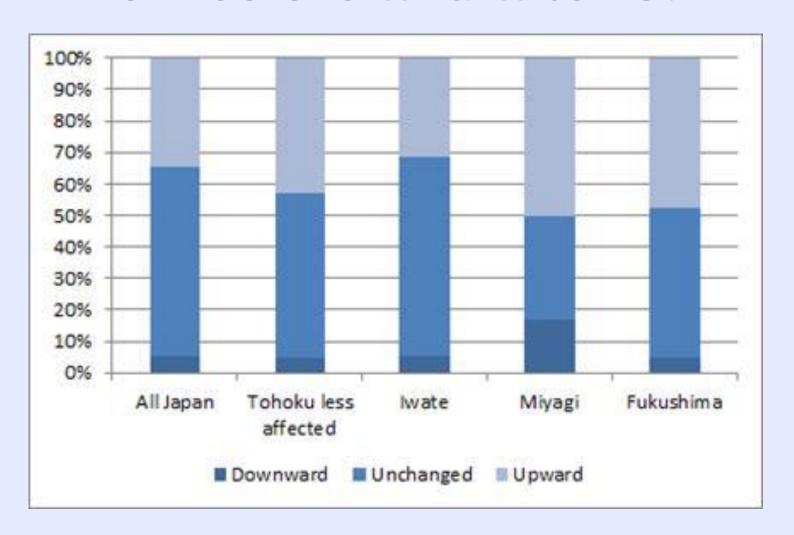
Below are 8 statements with which you may agree or disagree. Using the 1-7 response scale below, indicate your agreement with each item by indicating that response for each statement

- I lead a purposeful and meaningful life
- My social relationships are supportive and rewarding
- I am engaged and interested in my daily activities
- I actively contribute to the happiness and well-being of others (Altruism)
- ◆ I am competent and capable in the activities that are important to me
- ◆ I am a good person and live a good life
- I am optimistic about my future
- People respect me

# Japanese people's subjective well-being (happiness)



# Japanese people's altruistic view before and after 3.11



### Our Analysis

- Happiness: improved, unchanged, or worsened
- Altruistic view: changed upward, unchanged, or changed downward
- We compute the standard errors by bootstrap with 3000 replications.

## 1st Set of Our Estimations

- ◆ Changes in altruism ⇒ Probability of making a charitable donation
- We use a two-stage multinominal logit analysis to consider the possibility of reverse causality. (Making donations may increase feelings of altruism.)
- 1<sup>st</sup> stage: dependent variable  $\Rightarrow$  dummy variable representing the sign of the change in altruism.
- ◆ 2<sup>nd</sup> stage: dependent variable ⇒ dummy variable for charitable giving, explained by fitted values of the altruism-change dummy predicted in the first stage.

## 2<sup>nd</sup> Set of Our Estimations

- ◆ Charitable donation ⇒ Changes in Happiness
- We use a two-stage analysis to consider the possibility of reverse causality. (People who became happier may donate more.)
- ◆ 1<sup>st</sup> stage: binominal logit regression of the dummy variable for charitable giving.
- $2^{\text{nd}}$  stage: dependent variable  $\Rightarrow$  dummy representing the sign of the happiness change before and after 3.11.

## $1^{\text{st}}$ set of estimations: Altuism $\Rightarrow$ Donation

Table 4: Estimation result of Making donations (Structural Form)				
	Structura	Structural Form		
	Marginal Effect	(S.E.)		
Altruism changed downward (Predicted value. Base dummy is Upward)	-1.3214	(0.7663)	**	
Altruism were unchanged (Predicted value. Base dummy is Upward)	-1.4241	(0.7927)	**	
Log likelihood	-1446	-1446.12		
N	272	2725		

Notes: \*\*\*, \*\* and \* indicate that the estimated marginal effects are significant at 1%, 5% and 10% levels, respectively.

For the dummy variables for changing altruism, the signifficance level is based on the one seided test.

# 2nd set of estimations: Donation ⇒ Happiness (retrospective data)

Table 5 Estimation result of changes in well-being (From February to June)								
	Up	Upward			Downward			
	Marginal Effect	(S.E.)			Marginal Effect	(S.E.)		
Donation (Predicted value)	0.5793	(0.2641)	**		-0.1714	(0.1341)		
Log likelihood		-1999.96						
N		2622						

Notes: \*\*\*, \*\* and \* indicate that the estimated marginal effects are significant at 1%, 5% and 10% levels, respectively. For the donation variable, the significance level is based on the one seided test because of Dunn et al (2008).

# 2nd set of estimations: Donation ⇒ Happiness (real time data)

Table 6 Estimation result of chang	es in well-being (From	January to	June)			
	Upv	Upward			Downward	
	Marginal Effect	(S.E.)			Marginal Effect	(S.E.)
Donation (Predicted value)	0.4381	(0.2342)	**		-0.2233	(0.2073)
Log likelihood		-3021.10				
N		2956				

Notes: \*\*\*, \*\* and \* indicate that the estimated marginal effects are significant at 1%, 5% and 10% levels, respectively. For the donation variable, the signifficance level is based on the one seided test because of Dunn et al (2008).

#### Conclusions

- ◆ Those who began to have more altruistic view made donations regarding the earthquake
- Happiness of those who made donations relating to the earthquake improved
- We confirmed the causality: altruistic view  $\Rightarrow$  donations  $\Rightarrow$  improvement in happiness
- ◆ We proposed a new method: Subjective ⇒
   Objective ⇒ Subjective (SOS method!)