

Women's Employment and Life Satisfaction in Japan
—The Effects of Working Hours and
Employment Status Using Fixed-effects Model¹—

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Abstract

This paper utilizes fixed-effect model to show relations with regards to how women's levels of life satisfaction vary according to differences in their ways of working; specifically, in terms of working hours and employment status. Results are as follows. First, the level of life satisfaction of 22 through 34 hours and of 49 hours and above (weekly working hours) is lower than other working hours group. Second, life satisfaction of non-regular employees were found to be statistically significantly lower than the non-labor force, but no significant differences were observed between the life satisfaction of regular employees and the non-labor force. Third, while this finding is limited to married women, the longer the husband's working hours, the higher the wife's level of life satisfaction.

Keywords: Life Satisfaction; working hours; employment status

JEL Classification J22: I31: J16

¹ The assertions and opinions expressed in this paper are those of the author only and do not reflect the assertions and opinions of the organizations he is affiliated with.

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